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**ILGTSPĒJĪGA VESELĪBAS APRŪPE**  
**SUSTAINABLE HEALTH CARE**

BOOK OF ABSTRACTS



Rīga, 2024

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## FOREWORD

The abstracts in this issue were presented at the international scientific conference "Sustainable Health Care," held at Riga First Medical College of the University of Latvia (LU RFMC) on December 7, 2023.

This conference showcased a diverse array of presentations on sustainability in health care, offering insights from academic staff, health care professionals, and students from Latvia, Lithuania, Poland, Ukraine, France, the Czech Republic, the Slovak Republic, Georgia, and Jordan. The discussions covered a broad spectrum of health care areas, including emergency medical care, maternity and delivery care, nursing care, ageing, cosmetology, patient quality of life, professional education in health care fields, and employment conditions within the health care sector.

This event provided a platform for sharing ideas and best practices, aimed at fostering sustainable health care systems globally. The contributions from various countries enriched the dialogue on advancing sustainable health care while emphasizing the importance of international collaboration in addressing common challenges and sharing good practices.

*Conference Organizing Committee  
Riga First Medical College of the University of Latvia*

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