

TITLE OF THE PAPER

First author's name¹, second author's name², third author's name, etc.

¹Riga First Medical College of the University of Latvia, Riga, Latvia

²XXXX university, City, Country

³XXXX university, City, Country

Corresponding author/s: medskola@medskola.lv

ABSTRACT

Introduction. Type your introduction here in Times New Roman, Font 11, single space. Your introduction must contain some background information for the aim and explanation of the importance of the research.

Research aim. Type your research aim here in Times New Roman, Font 11, single space. The first sentence of this paragraph must begin with the following phrase: "The aim of this research is to demonstrate / analyze, etc."

Methodology. Type your text here in Times New Roman, Font 11, single space.

Results. Type your introduction here in Times New Roman, Font 11, single space. Indicate only those results that are relevant to the aim and conclusion sections.

Conclusion. Type your introduction here in Times New Roman, Font 11. The conclusion section must describe the outcome of the Results section and must clearly be linked to "Research aim", answering the question of whether the research aim was attained.

Keywords: Heart disease, hospitalization (type your keywords here. Max. 7 words, separate them with commas)

INTRODUCTION

Please, write your introduction here. It must contain relevance and importance of research based on some references, research aim and it will be attained in the paper.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

LITERATURE REVIEW

Please, write your literature review here. It should contain the review of scientific papers and professional literature, if required, of the past 8 years.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

METHODOLOGY

Please, write your methodology here. It must include aim, research questions, if applicable, participants, if applicable, method/s, procedure, and other relevant information.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

RESULTS

Please, write your results here. Results should be presented in diagrams / tables, or using other types of visuals. They should also be described and explained.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

CONCLUSIONS

Please, write your conclusion here. It must contain the answer on whether the aim has been achieved as well as implications of findings.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

ACKNOWLEDGEMENT

Please, write your acknowledgement, including funding, if relevant here.

Please, use single space within paragraphs, and 6 pt between paragraphs, no indents.

REFERENCES

Please, create your reference list here. Please, use APA style (<https://apastyle.apa.org/instructional-aids/reference-examples.pdf>)

Kool, L., De Jong, E. I. F., Mastenbroek, N. J. J. M., Schellevis, F. G., & Jaarsma, D.A.D.C. (2023). Midwives' occupational wellbeing and its determinants. A cross-sectional study among newly qualified and experienced Dutch midwives. *Midwifery*, *125*, 103776. <https://doi.org/10.1016/j.midw.2023.103776>

Kool, L., De Jong, E. I. F., Mastenbroek, N. J. J. M., Schellevis, F. G., & Jaarsma, D.A.D.C. (2023). Midwives' occupational wellbeing and its determinants. A cross-sectional study among newly qualified and experienced Dutch midwives. *Midwifery*, *125*, 103776. <https://doi.org/10.1016/j.midw.2023.103776>

Paper Formatting

Page margins	2,5cm X 2,5cm X 2,5 cm X 2,5cm
Page orientation	Portrait
Paper title	<ul style="list-style-type: none"> • New Times Roman, Font 14, Bold, Centered • Spacing after: 18pt
Authors' names	<ul style="list-style-type: none"> • All authors' names are to be written in one line in <i>Italics</i>, New Times Roman, Font 10 • If authors' affiliations differ, put the number in the superscript in the Font section, e.g. <i>John Smith¹</i>, <i>Anna Johnson²</i>
Authors' affiliation	<ul style="list-style-type: none"> • If all the authors represent one institution, it is written on the next line in <i>Italics</i>, New Times Roman, Font 10
Corresponding author/s	<ul style="list-style-type: none"> • Please, indicate the e-mail of the corresponding author/s in <i>Italics</i>, New Times Roman, Font 10 • Spacing after: 18pt
Section titles	<ul style="list-style-type: none"> • New Times Roman, Font 12
Abstract	<ul style="list-style-type: none"> • New Times Roman, Font 10
Keywords	<ul style="list-style-type: none"> • Max. 7 words separated by commas • New Times Roman, Font 10 • Spacing after: 18pt
<ul style="list-style-type: none"> • Introduction • Literature review • Methodology • Results • Conclusion • Acknowledgement 	<ul style="list-style-type: none"> • New Time Roman, Font 12 • Line spacing between sections: 6pt • Text within each section: single space
References	<ul style="list-style-type: none"> • New Times Roman, Font 10 • Minimum 15 scientific references • Only reliable scientific and professional sources • In-text referencing: John (2021), John & Smith (2022), John et al. (2020) (for 3 and more authors) • Reference list: All authors' name must be indicated; before the last author use the sign "&"